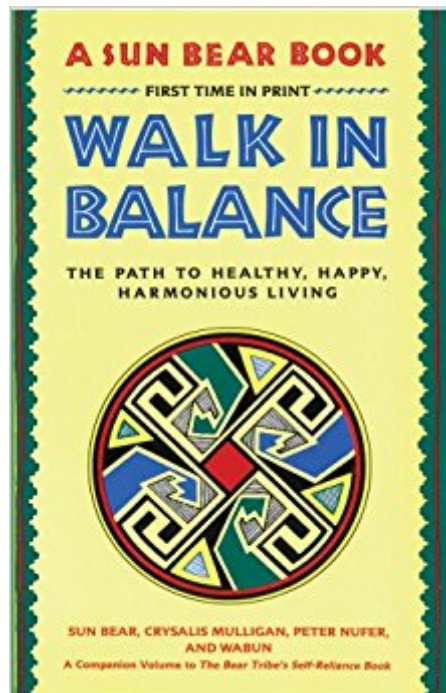




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# Walk In Balance: The Path To Healthy, Happy, Harmonious Living



## Synopsis

The authors offer personal instruction for attaining the path of inner and outer harmony and living in balance with oneself.

## Book Information

Paperback: 171 pages

Publisher: Simon & Schuster (July 24, 1989)

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Average Customer Review: 4.8 out of 5 stars 12 customer reviews

Best Sellers Rank: #437,543 in Books (See Top 100 in Books) #225 in [Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American](#) #854 in [Books > Religion & Spirituality > New Age & Spirituality > Mysticism](#) #1414 in [Books > History > Americas > Native American](#)

## Customer Reviews

Sun Bear, a sacred teacher of Chippewa descent, is the founder and medicine chief of the Bear Tribe, a multiracial educational society. He is a world-renowned lecturer and teacher and the author or coauthor of eight books. He is publisher of the magazine Wildfire and founder of the World Earth Fund.

Well written, plenty of good, thought-provoking insights. Easy to read and digest, but it does take mental effort and reflection.

This book helped me out a lot.

This is a book that touched my heart and gave me hope that I could walk in balance to. Thank You for writing the book Sun Bear, Crystals Mulligan, Peter Nufer and Wabun.

This is a wonderful book and everyone should read it.

Excellent

. I expected more, but still is very helpful for anyone who needs to find balance in their passage through this life.

informative

What a great read. So much wisdom and, even though it is older, it has so much to offer.

Comprehensive list of healing herbs, tips and hints...a wonderful resource you will reach for again and again, and Sun Bear's direct, thoughtful style will really draw you in, from the start. A keeper. A forever book.

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